

HOMESCHOOLING SCHEDULE

Day	Month	Year

	BREAKFAST	
8:30	50 mins core study	
8:40		
8:50		
9:00		
9:10		
9:20	ACTIVITY BREAK	
9:30	25 mins core study	25 mins personal development
9:40		
9:50		
10:00		
10:10		
10:20	SNACK	
10:30	50 mins core study	
10:40		
10:50		
11:00		
11:10		
11:20	ACTIVITY BREAK	
11:30	25 mins core study	25 mins personal development
11:40		
11:50		
12:00		
12:10		
12:20	LUNCH	
12:30		
12:40		
12:50		
1:00	50 mins core study	
1:10		
1:20		
1:30		
1:40		
1:50	ACTIVITY BREAK	
2:00	30 mins personal development	
2:10		
2:20		
2:30		

CORE SUBJECTS:

- Math (Khan)
- Science (Khan)
- English (Read or Write)
- Social Studies (Read)
- Foreign Language (Listen)

PERSONAL DEVELOPMENT:

- PrepWell Academy videos
- PrepWell Academy Journaling
- Study for PSAT
- Catch-up on current events
- Listen to PrepWell podcast
- Watch TED Talk
- Reach out to a friend
- Read pleasure book
- Write a letter to grandparent
- Journaling
- Khan Academy
- Listen to podcast
- Create LinkedIn profile
- Online course
- Draw, sketch, paint
- Practice instrument
- Practice sport
- Organize room
- Work on tomorrow's schedule
- Listen to book on tape
- Work on your hobby
- Learn how to juggle, code, cook
- Organize computer files
- Research your ancestry
- Research colleges
- Home project or chore
- Online research
- Reflect, meditate, pray
- Breathing exercises